



CLUBS DIRECTORY

THE WHAT, WHERE, WHEN, WHO,
WITH AND HOW GUIDE TO
EXTRA-CURRICULAR ACTIVITIES

Since 1893



TAKING ON EXTRA COMMITMENTS IS A GREAT USE OF YOUR TIME AND CAN SPARK SOME REALLY FASCINATING IDEAS YOU MIGHT NOT OTHERWISE HAVE HAD. MAKE THE MOST OF THEM, AND SHOULD YOU FIND THAT THERE IS AN ACTIVITY NOT LISTED, JUST ASK.

Enterprise and Charity

What **Duchy Enterprise**

Where Conference Room

When Tuesday lunchtime
1:20 - 2:00pm

Who Open to all years. A-level Business must attend.

With Mrs Kirouani

How This is an open session for anyone who would like to start up their own Business. Pupils will meet weekly to discuss, plan and implement their Business idea. There will be seminars and workshops to teach everyone the skills that they need; ranging from marketing, finance and production.
Pupils will use these skills to create a brand and a product to sell. Each Team will sell their products at the Christmas Fair, and the most profitable team will win Best Entrepreneurs!

What **The Apprentice**

Where Conference Room

When Twice termly meetings tbc

Who Lower 5

With Miss Scully

How The Apprentice is a Business Club where Lower 5 pupils work in teams to complete termly tasks. These business tasks encourage team work and aim to raise money for charity.

What **HLC Magazine**

Where Library

When Thursday lunchtime
1:20 - 2:00pm

Who Open to all years

With Mr Massey

How Create content for a School Magazine. Follow the lead of the BBC and inform, educate and entertain, reporting on issues across school life. Be serious or have fun. The choices will be yours.

What **Business Breakfast**

Where Library

When Monday 8am

Who Open to all years

With Miss Scully

Business Breakfast is an opportunity to read the day's newspapers and discuss the daily news stories.

What **Charity Committee**

Where Room 20

When 1:30pm on Tuesdays

Who All year groups welcome.

With Mrs Razazan

Girls meet once a week to organise and coordinate the Harrogate Ladies' College events to raise money for charity. The committee decides on the charities the School supports each year and works alongside the charity committee in Highfield.

What **Eco Committee**

Where ICT 3

When Monday 1:30pm

Who All year groups

With Sophie Dragoj and Madame Venries

How The Eco committee is a group in which students can organise themselves to take action to improve their immediate environment. It promotes initiatives to increase awareness about environmental issues as well as recycling, and saving electricity and water.

What **Digital Leaders Club/Code Club**

Where ICT 1

When Lunchtimes

Who All year groups welcome

With Mrs Kirouani and Helia Mirakhori

How A code club for enthusiastic coders in Lower school. If you're interested in learning JAVA, creating computer games or just play with a Raspberry Pi this is the club for you. You can also feel free to drop in for digital advice!

What **Design for Change**

Where The Depot

When Thursday 1:30 - 2:00pm

Who All year groups welcome

With Mrs Perry

How If NOT US, THEN WHO? IF NOT NOW, THEN WHEN? Design for Change is a global movement asking young people to engage in an issue they care about and design solutions you can then share with the world.

During sessions you will: FEEL - empathy - nurture the heart IMAGINE- ethics - grow the head DO - excellence - use the hands, develop collaborative action and agency SHARE - elevation - inspire hope - I can, now you can too! Come along to find out more. Spaces are limited so contact Mrs Perry to reserve your place.

What **Duke of Edinburgh, Gold Silver and Bronze Level**

Where Gold - Sixth Form Common Room, Silver - B2, Bronze - Clarence and Lancaster Boarding Houses

When Gold - Wednesday 1:15 - 2:00pm, Silver Tuesdays 1:15 - 2:00pm, Bronze Wednesday and Thursday 5-6pm.

Who Gold - Ms Fisk, Silver - Dr Kirby, Bronze - Miss Cave Palmer and Miss Hicks

How Your choices, your commitment, your achievement. It's your DofE so do it your way. Duke of Edinburgh is an internationally recognised award scheme that challenges young people to commit to regular skills training, physical activity and volunteering, as well as the chance to push themselves to the limits by taking part in the expedition. There are three levels of award. Bronze is open to Upper 4s and older, Silver to Lower 5s and older, and Gold to Lower 6 and older. Join one of our one four groups to challenge and develop yourself and earn a well respected award.



Arts, Textiles and Food Enrichment

What **Art and Textiles Scholars**

Where Art Room and Textiles room

When Tuesday Lunchtime 1:10 – 1:50pm

Who Upper 3, Lower 4 and Upper 4

With Mrs Litherland and Mrs Gray

How We would like to invite Art and Textiles Scholars in Lower School to a combine their creative skills in a range of exciting art and textiles workshops creating varied and exciting new work beyond the curriculum.

Creative Art and Craft

Where Art Room

When Monday Lunchtime 1:10 – 1:50pm

Who Upper 3, Lower 4 and Upper 4

With Mrs Litherland

How Anyone in Lower School who wants to be creative are very welcome to come and enjoy.

What **Just Bake**

Where Food Suite

When Thursday lunchtime

Who Lower 5 and Upper 5

With Mrs Baskind and Mr Langford

How Just Bake provides pupils with the opportunity to participate in a fun, hands on cookery club where they can work together to creatively prepare and make a range of classic sweet or savoury treats, taking home a slice of happiness each week! The cost of the session is £2.00 each week.

Languages Enrichment

What **French Club**

Where Room 10

When Wednesday 1:30pm

Who All year groups

With Miss Ozgan

How In this club you will learn beginner's French. The aim of the club is to give pupils who do not study French the opportunity to learn some basic French, and then have the confidence to more fully enjoy their visits to the beautiful country of France, where they can enjoy the world famous culture, cuisine and parties.

What **Spanish for Beginners**

Where Room 16

When Wednesday 1:30pm

Who All year groups

With Mahalia Crites

How Lower 6 Pupils Mahalia is giving pupils and chance to learn some basic Spanish to help them communicate with 5% of the global population for whom Spanish is their first language. Many pupils will also benefit from some basic skills to more enjoy their holidays in Spain.

What **Ancient Greek**

Where Room 7

When Thursday 1:30pm

Who All year groups

With Mrs Whelan

How Learn a new alphabet, and study some of the most ancient and compelling stories around. The influence of Ancient Greek civilisation is very much with us today. Stretch yourself and learn about many of the most influential thinkers of all time.



Books and Writing

What **Creative Writing**

Where Room 20

When Thursday 4:45 – 5:30pm

Who Upper 3, Lower 4 and Upper 4

With Mrs Fox

How Let your imagination run riot! Weave together a narrative (story) or message which uses literary devices and has a profound effect on your readers. If you have an interest in creative writing, then this club is for you!

What **The Order of Athena**

Where Room 28

When Alternate Mondays

Who Upper 3, Lower 4 and Upper 4

With Mrs Long

How The Order of Athena is an English Extension club inspired by Mr Penumbra's 24-hour Bookstore. Our motto is: We seek those who are curious, discreet, observant and adventurous. We seek those who cherish the written word and are open to the magic of literature. We seek those who love stories in whatever form they may take.

The Order of Athena is designed to stretch and challenge the most-able English scholars in Lower School. During the sessions we will read and discuss a range of challenging novels and poems; we will also write stories and poems that will be entered into prestigious literary competitions as well as being sent to publishers of teen fiction.

What **The Sisterhood of Freedom Writers**

Where Room 28

When Alternate Mondays

Who Lower 5, Upper 5, Lower 6 and Upper 6

With Mrs Long

How The Sisterhood of Freedom Writers is an English Extension club inspired by Orwell's *Brotherhood* in 1984 and The Dead Poets' Society. To loosely quote John Keating, 'We don't read and write because it's cute. We read and write because we are members of the human race, and the human race is filled with passion, but poetry, beauty, romance, love, these are what we stay alive for. The powerful play of life goes on and you may contribute a verse. What will your verse be?'

The Sisterhood of Freedom Writers is designed to stretch and challenge the most-able English scholars in Middle School and Lower 6. During the sessions we will read and discuss a range of challenging novels and poems; we will also write stories and poems that will be entered into prestigious literary competitions, as well as being sent to publishers of teen fiction. The most motivated and able pupils will also be given the chance to be entered for the AS Creative Writing qualification at the end of the school year.

- What** **Hooked on books**
- Where** Library
- When** Monday 1:30pm or an alternative time to suit
- Who** Upper 3, Lower 4 Upper 4
- With** Mrs Sladdin
- How** Love books but looking for some inspiration as to what to read next? Perhaps you want to challenge yourself to read more or read something different from your usual choice? The Library Book Club reads purely for pleasure.

Drama Groups

- What** **School Production**
- Where** The Small Hall
- When** Rehearsals as arranged by Mr Cook
- Who** All years
- With** Mr Cook
- How** This year's school production is "Fantastic Mr Fox". Mr Cook will contact cast members with detailed arrangements for rehearsals.

Junior House Drama will take place in the Summer Term.



Science and Maths Enrichment

What **TED Club**
Where The Lab
When Tuesday 8am
Who Upper 5, Lower 6 and Upper 6
With Dr Dunmore
How TED talks are amazing! In this club we will watch TED talks and discuss them. You will have chance to pick talks on topics that interest you. We will discuss whether we agree or disagree with the speaker. We will also think about how the talk links to other subjects or to other talks. The club will run at breakfast time so bring your coffee or tea with you.

What **Medics Club**
Where C2
When Tuesday lunchtime
Who Lower 6
With Ms Ali
How Support with application to medical schools: interview techniques, BMAT and UCAT practice, talks from external speakers, research projects, role play scenarios and debate will all feature in this club.

What **Board Games**
Where Room 15
When Tuesday 1:20 - 2:20pm
Who All year groups
With Mrs Lumber
How Come along, relax and play board games with your friends/other pupils. Games on offer include uno, draughts, chess, frustration, jenga and battleships.

What **The Ingenieurs**
Where P1
When Tuesday 1:30pm
Who Upper 5, Lower 6 and Upper 6
With Mr Hartley
How Use your engineering skills to design and build physics equipment, which will be used in lessons.

What **Legobots**
Where P1
When Wednesday 1:30pm
Who Upper 3, Lower 4, Upper 4 and Lower 5
With Mr Hartley
How Build and program lego robots.



Music Groups and Clubs

All the music groups work towards regular performances, so commitment is vital and pupils should attend every rehearsal. All Music Scholars should be in the group they are directed to and every pupil who has instrumental or singing lessons is strongly encouraged to be in a group.

What **Chapel Choir**

Where Chapel

When Thursdays 7.00 - 8.30pm, additional rehearsals as directed by Mrs Morgan

Who Lower 5 - Upper 6 (occasional Upper 4 entry)

With Mrs Morgan

How Membership of the Chapel Choir is by audition. The Choir sings to a high standard and leads the School in Chapel on weekdays, for Sunday services and at the end of term services. The Choir also sings in concerts and services out of School and goes on tour every couple of years. The Choir rehearses on Thursdays 7.00 - 8.30pm, with some Sunday services (usually two per term).

What **Gallery Choir**

Where Chapel/Assembly Hall

When Monday 1.00pm (Chapel) and Thursday 8.00am (Assembly Hall)

Who As described below

With Mrs Yarborough

How The Gallery Choir is for all girls in Lower School and no audition is required. The Choir aims to sing a wide variety of music and contribute to concerts, but it also sings in special services and we hope that girls who have sung in Gallery Choir will have developed a love of singing and the necessary choral skills to move into the Chapel Choir. Gallery Choir are booked to sing in a concert in Ripon Cathedral in June 2022.



What Instrumental ensembles

Where Music House

When Tuesdays and Thursdays - times tbc as we put new ensembles together

Who Strings, wind and brass players

With Mrs Dawson, Mrs Alp and Mrs Morgan

How We will be reforming our ensembles according to the players in the school. All strings, wind and brass pupils are encouraged to play in an ensemble and they should speak to their music teacher about the best group for them. We play a wide variety of music from classical to film scores and pop songs. All the groups rehearse in the Music House and have regular performance opportunities over the year. Please speak to your instrumental teachers or Mrs Morgan about joining an instrumental ensemble.

What Theory club

Where Music House

When Tuesday at 4.30 - 5.10pm

Who Pupils working towards Grade 5 theory

With Mrs Alp

How Pupils wishing to take an instrumental/singing exam beyond Grade 5 will need to take Grade 5 theory first. Theory should be a regular part of your weekly one to one lesson at first, but this club can help you if you are approaching the exam and need a boost. Please get in touch with Mrs Alp or Mrs Morgan.



Sports Clubs

What **Team and Individual Sports Clubs**

Where Sports Field, Sports Hall or Swimming Pool

When Everyday (Before school, during lunch and after school)

Who Opportunities for girls from all year groups

With PE Department

How Sports clubs are open to any girls who want to further their playing experience in any of the sports on offer at College. There will also be the opportunity for girls to represent College in competitive fixtures. Speak to the member of staff in charge of the club if you have any questions about joining or would like to volunteer as an assistant coach.



	Lunchtime (1.00-1.40)	After School (4.45 - 6.00pm)
Monday	L5 & SEN Tennis Lessons (HRC) U3 - U4 Dance Club (HDDC)	L4 & U4 Lacrosse (NLP & BJT)
Tuesday	U3 Lacrosse Club (NLP)	U4 Netball Club (HEP)
Wednesday	U3 Tennis Lessons (HRC) L5 - U6 Badminton Club (S Haidar)	Swimming Squads (NLP/HEP) U3 - U4 - 4.45 - 5.45pm L5 - U6 - 5.45 - 6.45pm L5 & Senior Netball Club (BJT) 4.30 - 5.30pm
Thursday	Tennis Lessons (HRC) U3 & L4 Netball Club (FGI & BJT)	L5 & Senior Lacrosse Club (FGI & NLP)
Friday		Relays Swimming Training (NLP) U3-U6 7.00 - 8.00am (Invitation only)

What Running Club

Where Meet at the Quad Entrance
When 7:25am - Thursday
Who All year groups
With Ms Mitchell
How We will run around the beautiful area close to our school and we will have fun! The aim is to vary the runs and do different activities - not just running round and round the same route in circles. Come in your running gear at 7.25. I will let you into school and you can put your uniform somewhere. After your run you can have breakfast in the dining room then get changed into uniform. Yes we do start early in the morning but you will feel great for the rest of the day.

What Tennis Coaching

Where Swinton Courts
When 50 minute lessons on a lunchtime
Who All pupils
With Harrogate Racquets Club
Cost Approximately £8 per person
How Sign up through parent portal. Tennis coaching for beginners through to experienced players, taught by qualified tennis coaches from Harrogate Racquets Club. These sessions are designed for the team players, but also those keen to learn the basics. Lessons will be set up to suit your ability where possible

What Swimming Club

Where Swimming Pool
When Wednesday
Who U3 - Senior
With NLP and HEP
How Structured swimming training sessions that develops fitness, technique, starts and turns. Due to the nature of these sessions girls must be able to swim competently for at least 25m in the following strokes frontcrawl, backstroke and breaststroke.

What Dance Club

Where Assembly Hall
When Monday Lunchtime
Who U3, L4 and U4
With Harrogate Dance Company
Cost £6.50 per session
How Learn the latest street and commercial dance trends and routines to the most popular music right now with an ex-professional dance instructor. These lessons are suitable for both beginners and more experienced dancers.

What Badminton Club

Where Sports Hall
When Wednesday lunchtime
Who L5 - U6
With Sue Haidar
Cost Approximately £4 per session.
How Badminton coaching for beginners through to experienced players, taught by a qualified badminton coach. These sessions are designed for the team players, but also those keen to learn the basics. Lessons will be set up to suit your ability where possible.



I AM ME.



**HIGHFIELD PRE-SCHOOL
HIGHFIELD PREP SCHOOL
HARROGATE LADIES' COLLEGE**

Clarence Drive
Harrogate
North Yorkshire
United Kingdom
HG1 2QG

T: +44 (0) 1423 504543
E: covid19@hlc.org.uk
www.hlc.org.uk

Since 1893