

The what, where, when, who, with and how guide to...



CLUBS DIRECTORY

SUMMER TERM 2019

Most clubs and extra-curricular activities feature in this booklet. Taking on extra commitments is a great use of your time and can spark some really fascinating ideas you might not otherwise have had. Make the most of them, and should you find that there is an activity not listed, just ask.

Enterprise and Charity

What HLC Apprentice 2018
Where Conference Room
When Three lunchtime meetings per term tbc
Who Lower 5
With Miss Scully and Mrs Kirouani



How Based on the television series, teams face three enterprising challenges during the academic year, one each term. It is an inclusive, fun activity where pupils are not 'fired' and we positively encourage supportive teamwork.

What Business Breakfast
Where North Dining Room / Library
When Wednesday 8.00 - 8.35am
Who Lower School
With Miss Scully and Mrs Kirouani

How Pupils meet to discuss the business and economics news stories of the week. The club should encourage pupils interest in current affairs. It allows them to debate current news, and evaluate the impact upon the economy.

What Charity Committee
Where Textiles Room
When 1.30pm on Tuesdays
Who All year groups
With Mrs Livesey

How Girls meet once a week to organise and coordinate the Harrogate Ladies' College events to raise money for charity. The committee decides on the charities the School supports each year and works alongside the charity committee in Highfield.

What Eco Committee
Where Discussion Room
When 1.20pm on Wednesday (twice each half term)
Who All year groups
With Mrs Long

How The Eco committee is a group in which students can organise themselves to take action to improve their immediate environment. It promotes initiatives to increase awareness about environmental issues as well as recycling, and saving electricity and water.

What **Digital Leaders Club**
Where ICT1
When Monday 1.30 – 2.00pm
Who All year groups
With Mrs Kirouani

How Do you want to be part of ground-breaking innovations, project planning, product development and testing in the market place? The Digital Leaders club works closely with outside professionals and industry to create technological solutions for real-life problems. If you're interesting in learning JAVA, creating computer games or just play with a Raspberry Pi this is the club for you.

What **Gold Duke of Edinburgh**
Where Room 18
When Monday 4.30 - 5.30pm
Who Lower 6 - Upper 6
With Mrs Sockett
Cost This has been organised separately



How The Gold Duke of Edinburgh Award was set up and designed to challenge individual skills in five significant areas: Volunteering, Physical, Skills, Residential and Expedition. Through the experience gained in working towards, and then completing these awards, girls find boundaries that they can overcome, strength that they did not realise they had and experiences that they keep with them for years to come. This Award is valued by many universities and employers.

Expedition dates have been published separately.

What **Bronze/Silver Duke of Edinburgh**
Where Room 18
When Monday Lunchtimes 1.00 - 2.00pm
Who Upper 4 - Lower 5
With Mrs Sockett
Cost This has been organised separately



How The Duke of Edinburgh Award was set up and designed to challenge individual skills in significant areas: Volunteering, Physical, Skills and Expedition. Through the experience gained in working towards, and then completing these awards, girls find boundaries that they can overcome, strength that they did not realise they had and experiences that they keep with them for years to come. The question is – have you the courage and the commitment to stick with it?

Expedition dates have been published separately.

What **Volunteering at Hampden House Care Home**

Where Hampden House
When Wednesday 1.00 - 2.00pm day
Who All pupils
With Mrs Griffin

How This club offers you the opportunity to make a difference in the local community by visiting the elderly residents at Hampden House. We will chat to them and perhaps play cards or board games. They will love hearing about your lives as much as you will enjoy hearing about theirs. We will visit on a rota (so you can sign up for weekly or fortnightly visits). For residents who don't have many visitors this will be really important to them.

Arts Enrichment

What **GCSE Art Annotation Group**

Where Art Room
When Wednesday Lunch Time
Who Lower 5 and Upper 5
With Mrs Litherland

How Practise and learn the skills involved in Art annotation.

What **Mural Workshop Group**

Where Art Room
When Thursday Lunch Time
Who All Yeargroups
With Mrs Litherland

How Design and create murals.

Languages Enrichment

What **The 'Babel Fish' Club**

Where Room 2
When Tuesday 1.30 - 2.00pm
Who Upper 3 - Upper 5
With Miss Horgan

How Come and practise speaking English with some feedback, making presentations and taking part in mini debates. Also language and spelling games.

What **French Club**

Where Tower House
When TBC
Who All year groups and levels of ability.
With Mrs Sichelwe

How Bonjour! If you would like to try out French meals, watch French films or listen to French songs, join us no matter what your level of French is.

What Italian for Beginners
Where Room 7
When Wednesday 1.30 - 2.00pm
Who All year groups
With Mr Moya-Morallon



How Ciao ragazze! This is a great chance for pupils who would like to learn the basics of Italian. It is ideal if you want to learn to communicate when on holidays in Italy. Imagine going to any of its beautiful cities such as Rome, Venice, Florence and being able to order your gelato in proper Italian. The main focus is communication and therefore you will have many opportunities to speak and to improve your accent through fun activities and games.

What Greek Reading Club
Where Room 9
When Day and time to be confirmed
Who All year groups
With Mrs Whelan

How This club is for anyone who wishes to read some myths and legends in Latin.

What Language Olympiad
Where Room 6
When Thursday 4.30 - 5.00pm
Who All year groups
With Mrs Lemmetyinen



How The Olympics is nothing compared to the fun you can have with the Languages Department.

What Spanish Club (For Beginners)
Where Room 7
When Tuesday 1.30 - 2.00pm
Who All years
With Teresa Martos Armenteros



How ¡Hola chicas! This is a great chance for pupils who would like to learn the basics of Spanish. It is ideal if you want to learn to communicate when on holiday in any of the 22 countries where Spanish is the main language or with any of the 500 million Spanish speakers around the world! The main focus is communication and therefore you will have many opportunities to speak and to improve your accent through fun activities and games.

Books and Writing

What **A New Chapter**

Where Library

When Lunchtime: Monday, 1.30 - 2.00pm (or at a time to suit)

Who Upper 3 - Upper 4 (maximum of 6 places)

With Mrs Sladdin

How Love books but looking for some inspiration as to what to read next? Perhaps you want to challenge yourself to read more or something different from your usual choice? The Library Book Club meets weekly and reads purely for pleasure. We all read the same title and you get a say in selecting the book and setting the pace.

What **Dumbledore's Army**

Where Room 16

When Thursday 1.15 - 2.00pm

Who All year groups

With Zoe Man (Upper 5)

How Dumbledore's Army is a weekly Harry Potter club aimed for fans to express their common love for the series. Activities include crafting, role playing, trivia, possible Quidditch on the field if the weather permits or just general discussion.

What **The Order of Athena**

Where Discussion Room

When Alternate Mondays 1.15pm, starting from Monday 17 September

Who Lower School (by invitation only; if you wish to participate and have not been invited, please contact Mrs Long)

With Mrs Long

How The Order of Athena is an English Extension club inspired by Mr Penumbra's 24-hour Bookstore. Our motto is: *We seek those who are curious, discreet, observant and adventurous. We seek those who cherish the written word and are open to the magic of literature. We seek those who love stories in whatever form they may take.*

The Order of Athena is designed to stretch and challenge the most-able English scholars in Lower School. During the sessions we will read and discuss a range of challenging novels and poems; we will also write stories and poems that will be entered into prestigious literary competitions as well as being sent to publishers of teen fiction.

Lunch will be provided so please sign up on iCommunity so Mrs Long can order the right amount of food.

What **The Sisterhood of Freedom Writers**
Where Discussion Room
When Alternate 1.15pm, starting from Monday 24 September (lunch will be provided)
Who Middle School and Lower 6 (by invitation only; if you wish to participate and have not been invited, please contact Mrs Long)
With Mrs Long
How The Sisterhood of Freedom Writers is an English Extension club inspired by Orwell's Brotherhood in 1984 and The Dead Poets' Society. To loosely quote John Keating, 'We don't read and write because it's cute. We read and write because we are members of the human race, and the human race is filled with passion, but poetry, beauty, romance, love, these are what we stay alive for. The powerful play of life goes on and you may contribute a verse. What will your verse be?'

The Sisterhood of Freedom Writers is designed to stretch and challenge the most-able English scholars in Middle School and Lower 6. During the sessions we will read and discuss a range of challenging novels and poems; we will also write stories and poems that will be entered into prestigious literary competitions, as well as being sent to publishers of teen fiction. The most motivated and able pupils will also be given the chance to be entered for the AS Creative Writing qualification at the end of the school year.

Lunch will be provided so please sign up on iCommunity so Mrs Long can order the right amount of food.

Science and Maths Enrichment

What **Chemistry Olympiad Club**
Where C2
When Tuesday 1.30 - 2.00pm
Who Lower 6 - Upper 6
With Mrs Hooper

How The Chemistry Olympiad is open to Sixth Form pupils, with Lower Sixth as well as Upper Sixth pupils encouraged to take part. In the Summer term of the Lower 6 pupils have the opportunity to take part in the Cambridge Chemistry Challenge which is a written paper lasting 90 minutes. Pupils who do well will receive an award of Gold, Silver or Copper depending upon their scores and a good result enhances a UCAS application.

Tackling the Cambridge Chemistry Challenge and Chemistry Olympiad Round 1 paper provide good opportunities to develop some of the skills required for study at university and beyond. There is no doubt that these questions will be demanding: as they do not rely on the relatively easy recall of information which pupils will have met before, but instead on thinking and trying to work out answers to unfamiliar questions. During the Chemistry Olympiad Club not only do we practise some of these questions, but also we carry out some fun and interesting experiments.

What	STEM Club
Where	Science Department
When	Wednesday 1.30 - 2.00pm
Who	Upper 3 – Upper 5
With	Mr Hartley
How	If you enjoy Science, Technology and Engineering then come along and experiment, design, build and calculate.
What	The Ingeneurs
Where	Science Department
When	Thursday 1.30 - 2.00pm
Who	Upper 5 – Upper 6
With	Mr Hartley
How	Design and build laboratory equipment for use in real experiments. A chance to use your practical skills and some of the machines in the DT lab.
What	The Invisible College
Where	Tower House
When	Meetings arranged for occasional Thursday evenings by invitation
Who	Lower 6 – Upper 6
With	Mr Hartley
How	An “Invisible College” refers to the free transfer of thought and expertise without the establishment of institutional authority. The Invisible College is a Science Society that is run by and for pupils. Members present on a scientific topic of their choice, followed by discussion over drinks and nibbles. Talk to the Secretary (Kristina Grolmusova) if you would like to be invited.
What	Maths Club
Where	Room 16
When	Monday 4:45 – 5:30
Who	All year groups
With	Mr Dwyer
How	Come along once a week to explore some of the more interesting aspects of Maths that you will never need for any exam, but will help you gain a deeper appreciation of what a varied and amazing subject it is. All abilities and year groups welcome.
What	Medics and Vets
Where	Lab C2
When	Wednesday 1:30pm
Who	U5 and L6
With	Mrs Hooper
How	Come along to find out about and prepare for studying medicine at university.

Baking Club

What	Baking Club
Where	Food Tech Room
When	Monday 1.10 - 2.00pm
Who	Autumn Term – Senior School, Spring Term – Middle School, Summer Term – Lower School
With	Mrs Baskind and Mr Greenhalgh
How	£20 participation fee, includes all ingredients, equipment and lovely baked goods to take away. Pupils must adhere to kitchen ready principles within the Food suite including; all preparation, washing up and tidying away. All food to be collected as agreed in the lesson. Sign up in the Food suite, maximum of 12 pupils.

Universities

What	The Spires (Junior Oxbridge Club)
Where	Conference Room
When	TBC
Who	Upper 4-Upper 5
With	Dr Ashcroft
How	Do you aspire to study at either Oxford or Cambridge University? Oxford and Cambridge represent the best universities in the country and a degree from these institutions is a highly prestigious award. Or do you just want to engage in discussions that go beyond your favourite subject? If the answer is 'yes' to either of these questions, please come and join 'The Spires', a new Oxbridge-style club for girls in Upper 4 to Upper 5. 'The Spires' will give you the opportunity to develop the kind of intellectual curiosity that is a prerequisite for studying at Oxbridge in the future.

What	Oxbridge Seminar Group
Where	Conference Room
When	tbc
Who	Lower 6 - Upper 6
With	Mrs Parker
How	If you are interested in applying for courses at either Oxford or Cambridge University, or if you just want to join in conversations that go beyond your favourite subject, come and join us each Monday at lunchtime. Optional trips to both University towns are planned for the year, as well as visits from former HLC pupils who are currently studying at Oxford or Cambridge. Be prepared to contribute your opinions to our discussions on world developments, current affairs and leading research in your topic of interest.

What	Overseas University Club
Where	ICT3
When	Monday 1.30 - 2.00pm
Who	Lower 6 - Upper 6
With	Dr Ashcroft
How	This is a must for any pupil in Lower 6 or Upper 6 who is considering applying for an overseas university place. Whether it is the USA, Australia, Europe or the Far East, join Dr Ashcroft to find out more about your chosen university and be guided through the application process.

Drama Groups

What Junior House Drama
Where The Small Hall
When Check with Mr Cook
Who Those involved in Junior House Drama
With Mr Cook

How These sessions are scheduled for to help support Junior House Drama Captains.

Music Groups and Clubs

All the music groups work towards regular performances, so it is vital that the commitment is made and girls attend every rehearsal. All Music Scholars should be in the group they are directed to and every girl who has instrumental or singing lessons is strongly encouraged to be in a group.

What **Chapel Choir**
Where Chapel
When Thursdays 7.00 - 8.30pm, some Mondays 8.00 - 8.35am
1pm on Tuesdays for those going on the Venice Tour.
Who Lower 5 - Upper 6 (occasional Upper 4 entry)
With Mrs Morgan



How Membership of the Chapel Choir is by audition. The Choir sings to a high standard and leads the School in Chapel on weekdays, for Sunday services and at the end of term services. The Choir also sings in concerts and services out of School and goes on tour every couple of years. The Choir rehearses on Thursdays 7.00 - 8.30pm, with some Sunday services (usually two per term).

What **Gallery Choir**
Where Chapel
When Monday and Thursday 1.00 - 1.30pm
Who As described below
With Mrs Morgan

How The Gallery Choir includes pupils from Prep 6 through to Upper 4 and no audition is required. The Choir aims to sing a wide variety of music and contribute to concerts, but it also sings in special services and we hope that girls who have sung in Gallery Choir will have developed a love of singing and the necessary choral skills to move into the Chapel Choir.

What **Open Choir**
Where Music House
When Mondays 1.15 - 2.00pm
Who Lower 5 - Upper 6 girls plus staff
With

How Just turn up!

What	Orchestra
Where	Music House
When	Thursdays 5.15 - 6.15pm
Who	As described below in summer term only for Lower 5 and younger.
With	Mrs Dawson and Mrs Morgan
How	The HLC Orchestra is for strings, wind, brass and percussion players who have achieved at least grade 4 on their instrument. We play a wide variety of music from classical to film scores and pop songs. The Orchestra rehearses in the Music House and puts on at least two concerts a year.
What	Flute Group
Where	Music House
When	Tuesday 8.15 – 8.40am
Who	Upper 3 - Upper 6
With	Mrs Alp
How	Anyone who plays the flute is welcome to join. See Mrs Alp in the Music House.
What	String Ensemble
Where	Music House
When	Thursdays 4.45 - 5.15pm
Who	All year groups
With	Mrs Dawson
How	The String Ensemble is open to all our string players over grade 2. The group rehearses for half an hour before leading straight into the main Orchestra rehearsal.
What	Wind Ensemble
Where	Music House Classroom
When	Thursday morning 8.15 - 8.40am
Who	Anyone who learns the flute, clarinet, oboe, bassoon or saxophone
With	Mrs Alp
How	We rehearse and play all kinds of music from Bach to The Beatles. At present our group consists of flutes, oboes and clarinets, but the music can be arranged for all instruments and for players of all abilities. We regularly perform in School concerts and the Harrogate Music Festival.
What	Band Skills Club
Where	Music House
When	Arranged by mutual agreement
Who	All drummers, guitarists, bass players, singers and wind players
With	Mr Webster
How	This club is for all musicians who want to improve their skills at playing in a group. Girls can work towards performing in groups for concerts, assemblies and band nights.

What **Music Theory Clubs**
Where Music House
When Beginner's Music Theory on Tuesday 4:30, Grade 5 Theory tbc
Who All Lower School Music and Chapel Scholars, plus any other pupils who would like to improve their theory.
With Mrs Morgan and Mrs Alp

How This club aims to improve the theory and musicianship skills of our Lower School Scholars, but any interested pupils are welcome to come along, with an eye to passing their grade 5 theory examination.

Sports Clubs

What Team and Individual Sports Clubs
Where Sports Field, Sports Hall or Swimming Pool
When Everyday (Before school, during lunch and after school)
Who **Opportunities for girls from all year groups**
With PE Department

How Sports clubs are open to any girls who want to further their playing experience in any of the sports on offer at College. There will also be the opportunity for girls to represent College in competitive fixtures. Speak to the member of staff in charge of the club if you have any questions about joining or would like to volunteer as an assistant coach (excellent to put on your CV or perfect for D of E volunteering).

	Before School	Lunchtime (1.00 – 1.40pm)	After School (4.45 – 6.00pm)
Monday			Junior Rounders (U12/U13)
Tuesday		Recreational Tennis	
Wednesday			Athletics (All Years)
Thursday			Inter Rounders (U14/U15)
Friday			

What **Basketball Club**
Where Sports Hall
When 5:10 – 5:50 Wednesday
Who All year groups
With Rhoswen Zeng, Grace Zheng, Priscilla Ho (Tutor: Miss Carroll)
How Welcome all year groups' girls who are interested in basketball meet us once a week to enjoy basketball activities and games (please do not worry if you are new to basketball, there will be teaching sessions provided for the beginners). It will be a good opportunity for you to get exercised and relaxed. For those who are doing D of E, it can also be a choice for the physical section.

What **Chinese Martial Art**
Where Assembly hall
When 5.10pm on Wednesday – Register in prep first.
Who All year group
With May Zheng (lower 6)

How Learning Tai Chi, self defense and taekwondo together. You will learn solo hand forms for tai chi, basic in taekwondo, and some simple self defenses in this club. Come and join us if you are interested in martial art or want to keep healthy or just for fun.

What **Darts Club**
Where Sixth Form Games Room
When Wednesday lunch time
Who All year group
With Mr Farnan

How You will learn how to improve your technique via games and competitions that the professionals use to hone their skills. Darts is fantastic for relaxation, making noticeable improvements in skill levels in a short space of time and is also fantastic for improving your mental maths.

What **Tennis Coaching**
Where Swinton Courts
When Arranged individually with girls
Who All girls
With to be confirmed
Cost Approximately £8.00 per session



How Tennis coaching for beginners through to experienced players. These sessions are designed for the team players, but also those keen to learn the basics. Lessons will be set up to suit your ability.

What **Fitness Club**
Where Sports Hall
When Monday, Tuesday, Thursday 4.45 - 5.30pm
Who Lower 5 - Upper 6
With Mr Hunt (Mon), Mrs Lumber (Tue), Ms Mellor (Thurs)



How Three sessions per week allow this popular club to accommodate all willing participants. There are plenty of opportunities to use the equipment in these sessions to improve form and fitness. Weight machines and cardio equipment are specifically designed to support athletes to focus on specific muscle groups or make cardiovascular work more accessible. Come and have a go - get fit for life!

What **Running Club**
Where Meet at the quad entrance
When Friday 7.30 - 8.00am
Who All year groups
With Miss Preece

How This club is for any one from any year group. No-one gets left behind, apart from maybe Miss Preece!

What **Beginners Meditation and Mindful Stretching**
Where Assembly Hall or Wellness Centre
When Tuesdays 5.30-6.30pm
Who Lower 5 - Upper 6 (maximum 12 girls, on a first come first served basis)
With Mrs Long

How This Beginners Meditation and Mindful Stretching consists of a few, very simple, fluid meditative and relaxation practices. These short, but effective programmes are designed to leave you feeling calm and relaxed and you will feel better equipped to face difficult situations. A meditation practice will give you space and an inner harmony.

Clinics:

What **Art and Photography Clinic**
When Tuesday and Thursday Lunchtimes
Where Art Room
Who Upper 5, Lower 6 and Upper 6
With Mrs Litherland

How Work on your sketchbook and coursework.

What	Aural Test Clinics
Where	Music House
When	By individual arrangement with Mrs Morgan
Who	Grade 6 to 8 musicians
With	Mrs Morgan
How	These clinics will run just before the ABRSM examinations and will take place four times a year.
What	Biology Clinic
When	Tuesday at 1.30pm
Where	Lab B2 and B1
Who	All year groups
With	Mr Greenhalgh and Mrs Wakefield
How	These are open access sessions for anyone who needs support with Biology prep or simply help with work covered in your classes.
What	Business studies Clinic
Where	Conference Room
When	Tuesday 1.30 – 2.00pm
Who	Upper and Lower 6
With	Mrs Kirouani
How	Help and support with Business Studies A level examination technique and key term revision.
What	Chemistry Clinic
When	Thursday 1.30 - 2.00pm
Where	Lab C2 and C1
Who	All years
With	Mrs Hooper and Mrs Tricker
How	These are open access sessions for anyone who needs support with Chemistry prep, revision or simply help with work covered in your classes.
What	Economics Clinic and Business Breakfast
Where	Library
When	Tuesday 8.00 - 8.35am
Who	GCSE and A level Economists
With	Miss Scully
How	This club is to help examination students resolve any Economic questions that they are having. These questions may be from their lessons and or revision. As well as this, we will discuss the economics news stories of the week. The club should encourage pupils interest in current affairs and help them to achieve in their examinations.

What English
When Thursday 1.30 - 2.00pm
Where Room 15
Who All years
With Mrs Beckett

How These are open access sessions for anyone who needs support with English prep or simply help with work covered in your classes. There will also be an English-based learning activity each week, the schedule for which we plan to publish in advance via the new screen in the English dept.

What **Food Preparation and Nutrition Clinic**
Where Food Technology Room
When Wednesday lunchtime
Who Upper 5
With Mrs Baskind

How The clinic is to support the girls in preparation for their upcoming non-examined coursework and then the focus will be on revision of the theory. It will be held each week in the Food Suite.

What **German Clinic**
When Tuesday Lunchtime
Where Room 6
Who All years
With Mrs Griffin

How These are open access sessions for anyone who needs support with German prep, revision or simply help with work covered in your classes.

What **EAL Support Clinic**
Where Room 2
When Wednesday after School
Who Lower and Middle School
With Miss Horgan

How Struggling with vocabulary; trying to understand your homework? Come along for support to work out some of the issues.

What **Maths Drop-in Clinics**
When Tuesday lunchtime and Thursday after School
Where Room 16
Who All years
With Various Maths Teachers

How These are open access sessions for anyone who needs support with Maths prep or simply help with work covered in your classes.

What	Physics Clinic
When	Tuesday at 1.30pm with Mr Hartley Tuesday 5.00 - 5.45pm with Miss Preece
Where	Mr Hartley Lab P1 and P2 Miss Preece at the oval table on the first-floor window in main school
Who	All years
With	Mr Hartley and Mr King
How	These are open access sessions for anyone who needs support with Physics prep or simply help with work covered in your classes.
What	Textiles Clinic
When	Monday Lunchtime
Where	Textile Room
Who	Lower 5 and Upper 5
With	Mrs Livesey
How	Support with Textiles.
What	Spanish Clinic
Where	Room 8
When	Monday 1.00pm
Who	Upper 5
With	Mr Moya-Morallon
How	Please talk directly to Mr Moya-Morallon if you need any support.
What	Psychology Clinic
When	Thursday 1.30pm
Where	The Lab
Who	All years
With	Mr Farnan
How	Support with Psychology