



# Harrogate Ladies' College

## PSHE Policy

### **Policy Statement**

Besides intellectual development, we believe it is essential that a school concern itself with the personal, social and emotional development of all its pupils. Schools should provide a broad and balanced curriculum that promotes the spiritual, moral, cultural, mental and physical development of pupils and prepares them for the opportunities, responsibilities and experiences of adult life. PSHE is essentially about the self and includes the knowledge, skills and attitudes that contribute to personal development.

### **Aims**

The long-term aims of the PSHE programme are to give pupils knowledge of their roles and responsibilities as citizens in their community; to develop the skills to make informed choices for their own benefit and the benefit of others and to develop a self awareness that enables them to progress confidently in adult life.

Collectively, the pastoral system works towards achieving the following aims:

1. To empower pupils with the basic skills, experiences, knowledge and attitudes that are required for work and leisure in a rapidly developing society. Pupils should be prepared to be active, confident and responsible members of society.
2. To enable pupils to become progressively responsible for their own:
  - Personal development
  - Social development
  - Health education
  - Academic education
  - Citizenship education
3. To produce an atmosphere in which all pupils are confident that they:
  - Are well known
  - Are safe
  - Are valued
  - Are respected
  - Have their progress regularly checked and reported on
4. To contribute towards strengthening the links between parents and the College. This recognises that the education of a pupil is a shared task involving positive contributions from parents/guardians, pupils and teachers.
5. To contribute towards strengthening the links between the community and the College.

## **Objectives**

To develop:

- critical thinking skills
- decision making skills
- a positive attitude to learning
- the skills of working together and sharing
- a set of moral values
- an understanding of the adult world
- healthy lifestyles
- self awareness and relationship skills
- respect for the attitudes, views and beliefs of others
- respect and appreciation of the environment
- a positive self image and high self esteem

## **Curriculum**

PSHE is delivered through weekly timetabled lessons as well as the pupils' experience throughout their time at the school and the formal curriculum. Each member of staff should be made aware of his/her role in the personal and social development of students through both the formal and informal curriculum. Outside speakers contribute to the PSHE programme.

The PSHE scheme of work is one that introduces topics to pupils at the appropriate time and that is a spiral/progressive system that allows, as far as possible, for specific concepts to be revisited. The scheme of work is modular with many modules being visited in more than one of the Years 7-12.

PHSE is co-ordinated by Heads of Year who ensure that staff are supported and that PSHE is co-ordinated across the curriculum. Heads of Year and Form Tutors work closely together to support the effective delivery of the PSHE programme.

Evaluation of the PSHE curriculum will be based on pupil and teacher feedback both on the quality of the programme and the impact on knowledge, attitudes and understanding, related to the intended aims.